

2.2.1

THE INSTITUTION ASSESSES THE LEARNING LEVELS OF THE STUDENTS, AFTER ADMISSION AND ORGANISES SPECIAL PROGRAMS FOR ADVANCED LEARNERS AND SLOW LEARNERS

All Saints' College | Thiruvananthapuram | 695007

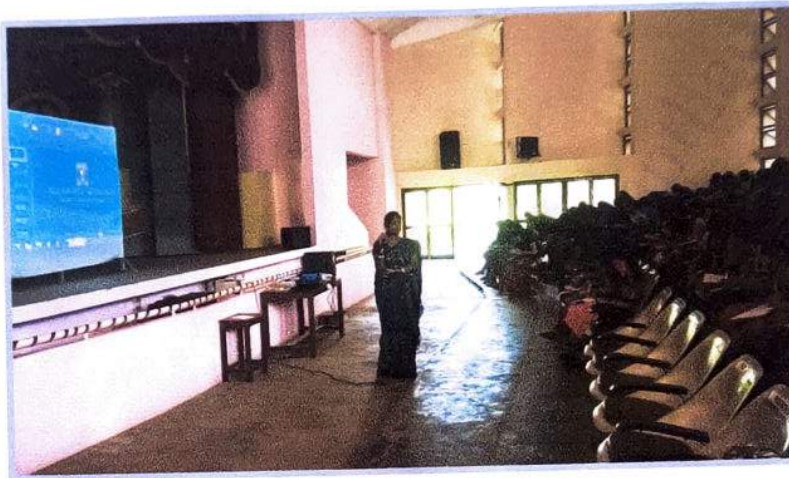


Reshmi

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Orientation and Bridge Courses

2016 Orientation



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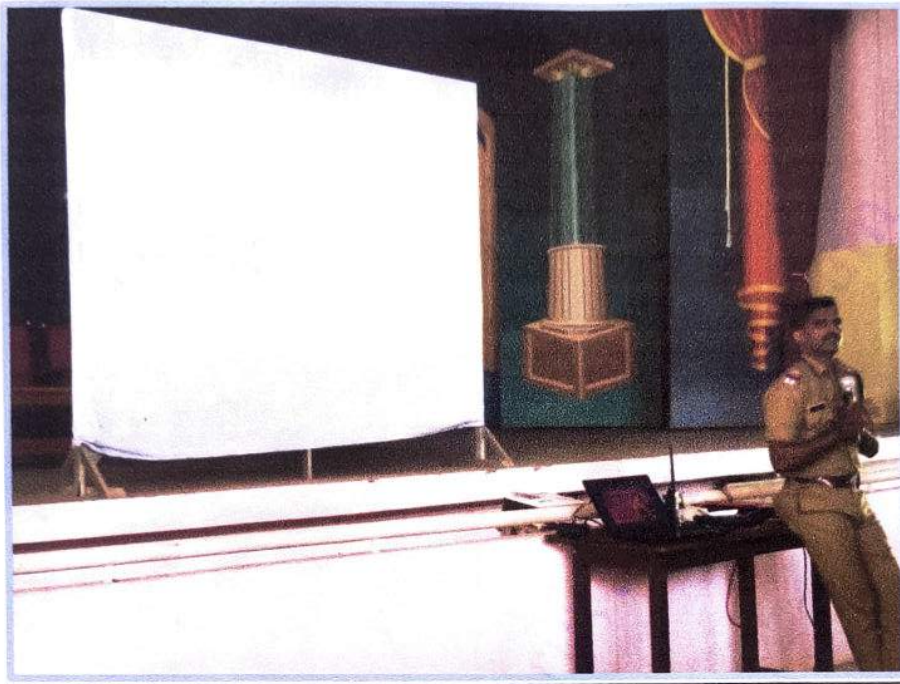
2018 Orientation



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Orientation Programme is conducted every year to familiarize the students with the needs of the University, the CBCSS (Choice based credit semester system) and introduce them to the routine of the degree and post graduate programmes.

Sample Photos

ORIENTATION: PROGRAMME FOR THE YEAR 2019-2020

2019 – 20

Day 1

9.30 – 10.00 - Warm Up - Ms. Nishel Prem Elias

10.00 – 10.30 - Ice Breaking - Dr. Parvathy Menon

10.30 – 11.30 -History of the College - Sr. Carvalho
Faustina Cicilia



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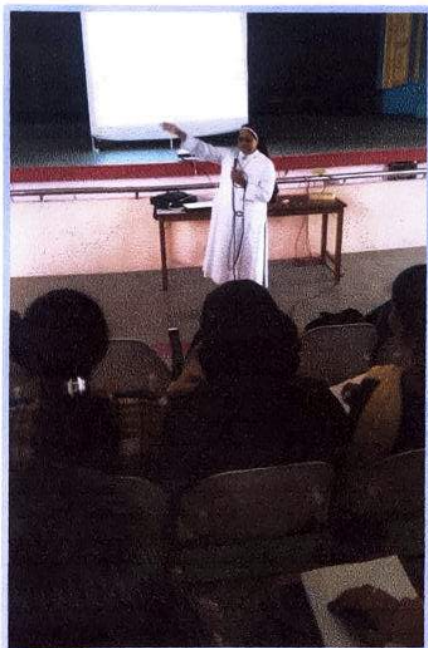
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11.30 – 11.45 - Break

11.45 – 12.30 - Library - Sr. Nancy Waral

1.30 – 2.30 - Etiquette - Dr. Sr. Pascoela A. D'Souza

2.30 – 3.15 - College Union and its activities – Dr. Parvathy Menon



Day 2

9.30 – 10.00 - Warm Up – Ms. Nishel Prem Elias

10.00 – 12.30 – Health and Hygiene (Councillor) - Dr. Lakshmi

1.30 – 2.30 - Sixth Sense – Quiz Club – Ms. Sapna Srinivas and quiz club

team

2.30 – 3.15 - Arts Club - Dr. Smitha, Ms. Sangeetha



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Day 3

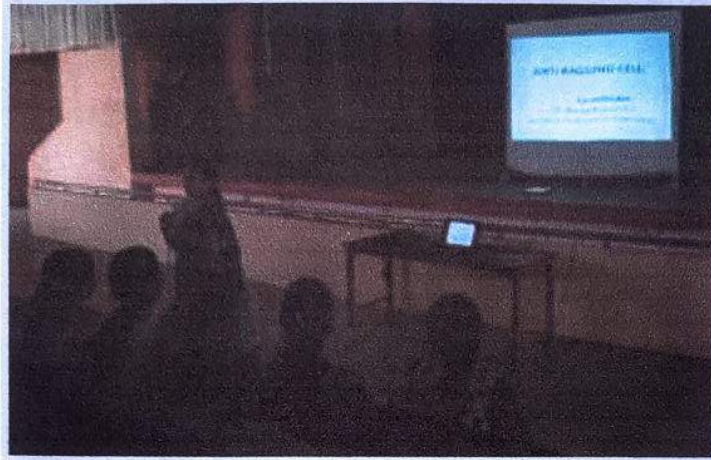
9.30 – 10.00	-	Warm Up	-	Ms. Nishel Prem Elias
10.00 – 11.30	-	Value Education	-	Mrs. Morrin Thomas
11.30 – 11.45	-	Break		
11.45 – 12.30	-	EDP Club	-	Ms. Lissy Bennet
1.30 – 3.15	-	Anti –Ragging Cell	-	Dr. Beena Kumari



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Day 4

- 9.30 – 10.00 - Warm Up - Ms. Nishel
Prem Elias
- 10.00 – 11.00 - Goal Setting - Dr. Raj Sree M.S.
- 11.15 – 12.10 - Spelling & Pronunciation - Ms. Nishel
Prem Elias
- 12.10 – 12.30 - Walk With the Scholar Programme- Dr.
Siji V.L
- 1.30 – 3.15 - Parts of Speech - Ms.
Nishel Prem Elias



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Day 5

9.30 – 10.00 - Warm Up - Ms.Nishel
Prem Elias
10.00 – 11.00 - Letter Writing - Dr. Liji
Varghese



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11.15 – 12.30 - Add On Courses - Nishel
Prem Elias

Dr. Anjana

1.30 – 3.00 - English Bridge – Verbs Ms. Nishel
Prem Elias



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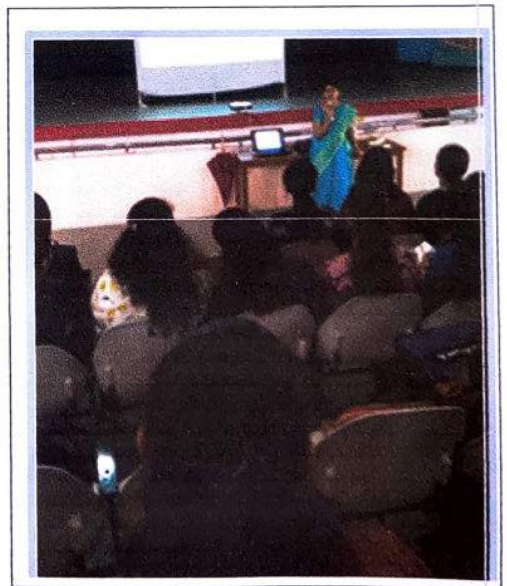
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Day 6

9.30 – 9.45	-	Warm Up	-	Ms. Nishel Prem Elias
9.45 – 10.45	-	Conversation Skills	-	Ms. Joveeta Justin
10.45 – 11.15	-	Vocabulary	-	Ms. Diana V. Prakash
11.15 – 11.30	-	Break		
11.30 – 12.30	-	Phonetics	-	Ms. Kukku Xavier
1.30 – 3.15	-	NSS	-	Dr. Ayona Jayadev

Dr. Kavitha &

NSS
students



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Thiruvandrum-7, S. India

Day 7

9.30 – 10.00 - Warm Up - Ms. Nishel Prem
Elias

10.00 – 12.30 - Yoga - Dr. Margaret
Leena,

Ms. Divya S. R.

1.30 – 3.15 - T.I.M.E Career Options - Col. Ramdev
Pillai



Day 8



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- 9.30 – 10.30 - Warm Up Ms. Nishel Prem Elias
- 10.00 – 11.30 - Bridge – Tenses Ms. Nishel Prem Elias
- 11.30 – 11.45 - Break
- 11.45 -12.30 - Bridge Test
- 1.30 – 3.15 - Cultural Programme and Wind Up –
Ms. Nishel Prem Elias

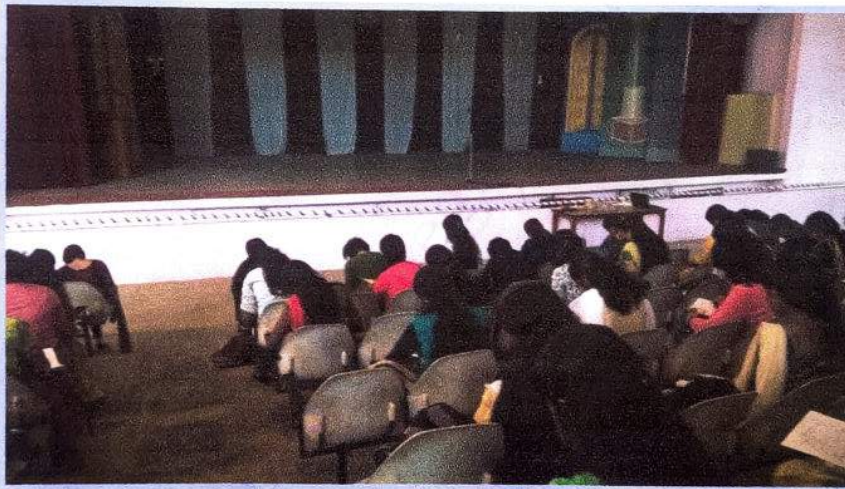


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Bridge Course 2019



Bridge Course covering most vital skills: Language and arithmetic for all the new students after admission, also serving as one of the first assessments enabling teachers to help the weak students and identifying strong students.

Sample pictures



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(22/40)

**FIRST SEMESTER BSC BOTANY CORE
BRIDGE COURSE, JULY 2018**

1. In a flower the terminal part of stamen is called
a) Pistil b) stigma c) Anther d) pollen grain
2. Pine, fir, spruce, cedar, larch and cypress are the famous timber-yielding plants of which several also occur widely in the hilly regions of India. All these belong to
a) angiosperms b) gymnosperms c) monocotyledons d) dicotyledons
3. Pollination is best defined as
a) transfer of pollen from anther to stigma b) germination of pollen grains
c) growth of pollen tube in ovule d) visiting flowers by insects
4. Plants receive their nutrients mainly from
a) chlorophyll b) atmosphere c) light d) soil
5. Plants synthesis protein from
a) starch b) sugar c) amino acids d) fatty acids
6. Plants absorb most part of water needed by them through their
a) embryonic zone b) growing point c) root hairs d) zone of elongation
7. Process of cell division can take place by
a) heterosis b) fusion c) mitosis d) None of these
8. Prokaryotic cells lack
a) nucleolus b) nuclear membrane c) cell wall d) membrane bound organelles
9. Plants that grow in saline water are called
a) halophytes b) hydrophytes c) mesophytes d) thallophytes
10. Phloem is a tissue found in
a) reproductive organs of animals b) plants c) insects d) mammals
11. Potato is a modified form (outgrowth) of
a) root b) stem c) fruit d) leaf
12. Most of the red, blue and purple colours of plants are due to a pigment called
a) anthocyanin b) carotene c) xanthophylls d) chlorophyll
13. Plants wilt due to excess of
a) transpiration b) photosynthesis c) absorption d) None of these
14. Organic substances which, in very small amounts, control growth and development
a) vitamins b) hormones c) enzymes d) None of the above
15. Our major foods, fibres, spices, fruits and beverage crops are
a) flowering plants b) gymnosperms c) pteridophytes d) bryophytes
16. Pulses are a good source of
a) Proteins b) lipids c) carbohydrates d) None of these
17. The author of On the Origin of Species is
a) Charles Lyell b) Charles Darwin c) Charles Dickens d) Charles Baudelaire
18. The branch of science dealing with the classification of plants and animals
a) taxonomy b) taxidermy c) entropy d) gentrification
19. Carbon dioxide enters a leaf of a plant via
a) stomata b) stem c) roots d) flowers
20. In the word photosynthesis 'photo' means
a) light b) heat c) reproduction d) creation

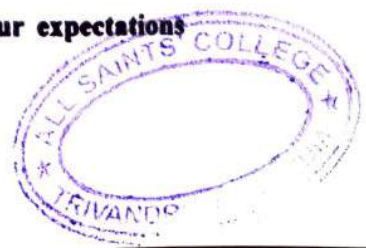
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21. The soil which is mixture of clay, sand and humus is called
a) clay b) loam c) humus d) compost
22. The carnivorous plants are also called as
a) insectivorous b) herbivores c) omnivores d) decomposers
23. The process by which plants make their own food by using sunlight is called
 a) photosynthesis b) respiration c) nitrogen metabolism d) oxidation
24. Partially or sometimes wholly decayed animals or plants dead bodies is called
a) clay b) loam c) humus d) compost
25. Culturing of plants with their roots immersed in nutrient solutions is called
a) hydroponics b) aeroponics c) both a & b d) None
26. Sugar produced by plants is usually stored in different parts of plant in the form of
a) starch b) sucrose c) maltose d) fructose
27. Which among the following produce seeds
a) thallophytes b) bryophytes c) pteridophytes d) gymnosperms
28. Vivipary is characteristics of
a) xerophytes b) mesophytes c) halophytes d) bryophytes
29. Why do flowers have such colorful petals?
a) Scare away predators b) Attract animals for pollination c) Trap insects d) Hide pollen
30. The study of interaction between living organism and environment is called
a) ecosystem b) phytogeography c) ecology d) phytosociology
31. Lichen is the symbiotic association between the two organisms
 a) algae & fungi b) algae & virus c) fungi & virus d) bacteria & fungi
32. Neurospora is used as an experimental tool in
a) ecology b) genetics c) physiology d) taxonomy
33. Excised piece of leaf or stem tissue used in micropropagation is called
a) Scion b) stock c) explants d) microshoot
34. The deliberate modifications of an organism's genome by changing its DNA content
 a) genetic engineering b) population genetic c) microbiology d) protein engineering
35. Genetic material of most organisms is
 a) DNA b) RNA c) rRNA d) cDNA
36. Transgenic plants
a) contain foreign genes in their cells b) are used to produce human antibodies
 c) both (a) and (b) d) are plants that differ in geographical locations
37. Tonoplast is a membrane around
a) mitochondria b) Chloroplast c) vacuole d) endoplasmic reticulum
38. Binomial nomenclature of organism has the names of
a) family & order b) family & species c) genus & species d) genus and family
39. The tissue in plants concerned with the conduction of water and minerals
a) parenchyma b) xylem c) phloem d) collenchyma
40. Vascular cryptogams are
 a) thallophyta b) bryophytes c) pteridophytes d) gymnosperms

Explain in a few words, what are your career dreams and your expectations from the department and college for fulfilling your dreams

Rashmi
Principal
All Saints' College
Thiruvananthapuram-3



DEPARTMENT OF BOTANY
ALL SAINTS' COLLEGE, THIRUVANANTHAPURAM
ENTRY LEVEL EXAM

Name of the student:

Year admitted:

Answer the following:

1. Single cotyledon of monocot is called
a) Plumule b) Mesocotyl c) Coleorrhiza d) Scutellum
2. Pneumatophores (breathing roots) are usually present in:
a) Xerophytes b) Epiphytes c) Mangrove plants d) Hydrophytes
3. The Prop roots of banyan tree are meant for
a) Providing support to the big size of the tree b) The retention of water in soil
c) Absorption of water soil d) Absorption of air from atmosphere
4. In some plants like *Cactus*, to prevent transpiration, the leaves are reduced into
a) Leaf tendrils b) Leaf spines c) Leaf scales d) Leaf hooks
5. Which is the odd type of vegetable in a basket containing the following?
a) Potatoes b) Beet roots c) Radishes d) Carrots
6. Microbiology is the study of
a) Molecules b) Microbes c) Mites d) Microscopic plants
7. Insect pollinated flowers are characterized by
a) Winged pollen grains b) Large feathery stigma
c) Flowers do not secrete nectar d) Sticky and rough pollen grains
8. Which among the following is involved in carbohydrate metabolism
a) Salivary amylase b) Trypsin c) Rennin d) Lipase
9. The entrance of pollen tube through micropyle is called
a) Porogamy b) Mesogamy c) Chalazogamy d) Microgamy
10. The movement of pollentube from stigma to micropyle is
a) Thigmotropic b) Geotropic c) Phototropic d) Chemotropic



P.T.O

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11. Sporopollenin in angiospermic plants is a constituent of
 a) Exine b) Intine c) Tapetum d) Seed coat
12. Collenchyma can be differentiated from parenchyma by
 a) Living protoplasm b) Pecto-cellulosic deposits at corners
 c) Cellulosic wall d) No protoplasm
13. Sieve tubes differs from a vessel in the
 a) Absence of nucleus b) Absence of cytoplasm
 c) Absence of lignification d) Absence of plasmodesmata
14. Presence of casparian strips is characteristic feature of
 a) Epiblema b) Endodermis c) Exodermis d) Cortex
15. Passage cells occur in
 a) Epidermis b) Cortex c) Endodermis d) Pericycle
16. Match the following

a. Underground stem	1. Euphorbia
b. Stem thorns	2. Opuntia
c. Stem tendrils	3. Potato
d. Flattened stem	4. Citrus
e. Fleshy cylindrical stem	5. Cucumber

- a) a-1, b-2, c-3, d-5, e-4 b) a-2, b-3, c-4, d-5, e-1
 c) a-1, b-4, c-5, d-3, e-2 d) a-3, b-4, c-5, d-2, e-1
17. In racemose inflorescence, the flowers are arranged
 a) In a spiral manner b) Born in acropetal order
 c) Both acropetal and antipetal order d) Born in basipetal order
18. Name of family having (9) + 1 arrangement of stamens
 a) Solanaceae b) Asteraceae c) Liliaceae d) Fabaceae
19. Open, closed and endarch vascular bundles are seen in
 a) Dicot root b) Monocot root c) Monocot stem d) Dicot stem
20. Name a gaseous plant hormone
 a) Ethylene b) Cytokinin c) Auxin d) Gibberellin

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 Principal
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Mentoring

DEPARTMENT OF ENGLISH Mentoring Pre-Assessment Report B. A. ENGLISH LITERATURE

Register No: 13020100036

Year of admission: 2020

Name of the Student: ARDRA. N. S

Sex: Female

Date of Birth: 31/07/2002

Age: 19

Religion and Denomination: Hindu, Nair

E mail: ardra.sudh.47@gmail.com

Mobile No: 8921425545

Native place and district: Thiruvananthapuram

Hostelite / Day Scholar:

Name of Father/ Guardian: Sudh. Mohan M

Relationship with the student: Father

Occupation: Programme Producer

Mobile No: 9539063989

Monthly Income: 6,00,000/-

Details of Academic Records:

Course	School	Total marks	Marks obtained	Class
SSLC	HOLY ANGELS' CBSE SCHOOL	500	396	
HSC	HOLY ANGELS' CONVENT SCHOOL HSS	1200	1169	

Extra-curricular activities:

Nil



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Reshmi
Principal
All Saints' College
Thiruvananthapuram-7

1. Do you require any assistance in achieving your academic goals and career goals?

No

2. Do you require any professional help in managing stress related to study or personal life?

Yes, the pandemic situation and back-to-back online classes creates stress.

3. What are the skills that you find lacking that could help you better in the programme you are pursuing?

Concentration, Lack in interest and Motivation

4. What extra resource do you need other than your syllabus to make you employable?

Visual-media representation of the positions would be interesting and more understandable

5. Do you need help in deciding your career for the future and willing to work with the mentor in this regard?

Yes

6. What is your preferred mode of communication with the mentor?

Meet in person

b) online meeting

c) a mix of both

7. Please prepare a list of your strengths and weaknesses

Strengths

Dedication, Leadership abilities, teambuilding
Time-management

Weaknesses

Procrastination, short-tempered

Name & Signature of Mentor:


NISHEL PREM ELIAS



36. Andhra N.S.

ALL SAINTS' COLLEGE

RECORD FOR MENTORING SESSION

Date	Description of the Session	Suggestions	Remarks	Signature
7/12/20	Preliminary session. Concerned about the online mode of learning. Was concerned about how answers need to be prepared.	Suggested that she keeps in touch with her friends to keep abreast of the classes. Also read the lesson.		<i>[Signature]</i>
1/2/21	was concerned about hand writing as the handwriting is very small. So answer length becomes less when length adjusted, time becomes an issue.	Have asked her to space out the words so that the written work will be neater and will fit the time allotted for writing.		<i>[Signature]</i>
7/6/21	Preparing for the upcoming exams. Have finished studying everything once and will start revision soon.	Seemed to be on top of things. Have asked to prepare a revision time table as well.		<i>[Signature]</i>



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Thiruvananthapuram-7

DEPARTMENT OF ENGLISH
Mentoring Pre-Assessment Report
B. A. ENGLISH LITERATURE

Register No: 13020100066

Year of admission: 2020

Name of the Student: FATHIMA FARHANA T

Sex: FEMALE

Date of Birth: 21-09-2002

Age: 19

Religion and Denomination: ISLAM / MUSLIM

E mail : farhanafazza4721@gmail.com Mobile No: 6238081523

Native place and district: Thiruvananthapuram Hostelite / Day Scholar: Day Scholar
Kerala

Name of Father/ Guardian: Abdul Rasheed M Relationship with the student: Father

Occupation: Self business

Mobile No: 8289858986

Monthly Income: 4000/-

Details of Academic Records:

Course	School	Total marks	Marks obtained	Class
SSLC	Kanthika Thirunal Govt VRHSS for Girls, Manacaud	10A+	9A+ 1A	
HSC	Kanthika Thirunal Govt VRHSS for Girls, Manacaud	1200	1079	

Extra-curricular activities: ~~Reading~~ Singing
Writing



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Thiruvananthapuram-7

1. Do you require any assistance in achieving your academic goals and career goals?

Yes

2. Do you require any professional help in managing stress related to study or personal life?

Yes

3. What are the skills that you find lacking that could help you better in the programme you are pursuing?

Public Speaking

4. What extra resource do you need other than your syllabus to make you employable?

Classes which help to shape confidence

5. Do you need help in deciding your career for the future and willing to work with the mentor in this regard?

Yes

6. What is your preferred mode of communication with the mentor?

Meet in person

b) online meeting

✓ a mix of both

7. Please prepare a list of your strengths and weaknesses

Strengths

- Able to speak ~~confidently~~ confidently in a class.
- Able to manage a class

Weaknesses

- Fear of facing the crowd
- lacks confidence when it comes to public speaking.

Name & Signature of Mentor:


(JAPNA SRINIVAS)



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ALL SAINTS' COLLEGE
RECORD FOR MENTORING SESSION

Date	Description of the Session	Suggestions	Remarks	Signature
2/2/2021	The ice-breaking session revealed certain stress points affecting the mentee - stress caused by hectic semester schedule, burn out, lack of motivation in certain days.	Suggestions included 1. creating a realistic and systematic timetable 2. sharing the timetable to check if it was too intensive 3. identify prod. times for studying	Timetable revealed was too intensive and did not allow for much breaks. Planning to be a day of rest/lighter workload.	<i>[Signature]</i> 2/2/2021
2/3/2021	The second session looked at productive times of study as a point of departure.	Since the mentee stated that mornings were times when she could grasp concepts more easily, mornings were slotted for more difficult subjects and evenings for lighter subjects/revision.	timetable primed for efficiency and productivity.	<i>[Signature]</i> 2/3/2021



Mentoring: Each student is a mentee of a particular teacher and the over all development of the student is kept track of through out the programme.
 SAMPLE PICTURES OF MENTORING PRE-ASSESSMENT REPORT

DEPARTMENT OF CHEMISTRY
 Mentoring Pre-Assessment Report

B. Sc. Chemistry

Register No: 28 Year of admission: 2020

Name of the Student: GOPIKA A J

Sex: FEMALE Date of Birth: 15-03-2002 Age: 19

Religion and Denomination: HINDU

E mail: gopikaanaj@gmail.com Mobile No: 9207645421

Native place and district: Thiruvananthapuram Hostelite / Day Scholar: Day Scholar

Name of Father/ Guardian: ANILKUMAR V S Relationship with the student: Daughter

Occupation: Agriculture Mobile No: 9847702008

Monthly Income: 300

Details of Academic Records:

Course	School	Total marks	Marks obtained	Class
SSLC	SREE VIVEKANAND MEMORIAL PUBLIC SCHOOL, ARALUVA	500	440	
HSC	BTSS for Girls, Vengemoo	1200	1122	

Extra-curricular activities:

Dancing
 Singing
 Speaking

Do you require any assistance in achieving your academic goals and career goals?

Yes



2. Do you require any professional help in managing stress related to study or personal life?

No

3. What are the skills that you find lacking that could help you better in the programme you are pursuing?

Reading

4. What extra resource do you need other than your syllabus to make you employable?

More reading resources

5. Do you need help in deciding you career for the future and willing to work with the mentor in this regard?

Yes

6. What is your preferred mode of communication with the mentor?

Meet in person

b) online meeting

c) a mix of both

7. Please prepare a list of your strengths and weaknesses

Strengths

Confidence

Punctuality

Weaknesses

Nervousness

Lack of reading

Name & Signature of Mentor:



Dr. SIVIL



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Thiruvananthapuram-7

Gopika AJ

ALL SAINTS' COLLEGE
RECORD FOR MENTORING SESSION

Date	Description of the Session	Suggestions	Remarks	Signature
19-11-2020	First mentoring Seminar with Gopika is an attempt to get to know her better.	Gopika expressed her thoughts with an open mind. She faced difficulty in comprehending some specific topics and less confidence in communicating with others.	I asked her to maintain a timetable. Take notes on the topic which she finds difficult and I also asked to read and listen more.	 19/11/2020
5-2-2021	This meeting was conducted online after few months to know her level of improvement and to ensure her potential.	She followed my words and at first it seems difficult for Gopika but later she tries to adapt to the habit of having a prepared timetable.	This session was obvious and really helpful. She now attained confidence in communicating with others in English.	 5/2/2021
8-7-2021	This meeting was a follow up of all the online interactions we held so far with the student and to get the feedback whether the session have been helpful.	Gopika feel more down while communicating in English. She improved in that by reading more English fiction, novels and listening to more and more English speech.	This session made her gain more confidence in speaking. She improved her speaking skill. Now she is fluent in English with no errors.	 8/7/2021

